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CONSENT FOR KYBELLA INJECTION

Patient Name: _____ **MR#** _____ **Date:** _____

Kybella is the first and only FDA-approved injectable treatment to improve the appearance of fat beneath the chin, also called “double chin”. The active ingredient in Kybella is deoxycholic acid, a naturally occurring substance in the body that aids in the breakdown and absorption of dietary fat. It is similar to bile produced by the gallbladder which helps in the digestion of dietary fat. When injected into the fat below the chin, fat cells are destroyed and can no longer accumulate fat. Both women and men can be treated. The ideal candidate is one who has a moderate to severe accumulation of fat under their chin, but who also has good skin tone. In those patients who have neck skin laxity and wrinkling, this procedure could conceivably make that appearance more noticeable. It is anticipated that for most who have good skin laxity, the skin will contract once the fat is removed much like that which occurs after pregnancy. The procedure is performed in office with topical anesthesia and takes about 30 minutes. Each treatment involves approximately 10-50 individual injections. Immediately after treatment, there may be moderate discomfort lasting several hours to several days. Furthermore, swelling and bruising are likely lasting up to four weeks. After treatment, cold compresses and anti-inflammatory medications such as ibuprofen for 24 hours may relieve these symptoms. Results are seen roughly 4-6 weeks after treatment. A series of 1-6 treatments spaced at one month or longer intervals may be required to obtain the desired result as improvement is incremental with each treatment session. Rarely, there may be less than desired or no appreciable improvement.

Every injection of a drug involves a certain amount of risks. Below are the risks recorded during clinical studies that are specific to the injection of Kybella.

- Kybella injections commonly cause swelling, bruising, pain, numbness, redness, and areas of hardness in the treatment area. Kybella injections can also cause tingling, nodule, itching, skin tightness, and headache. These side effects typically resolve without treatment and do not commonly result in patients discontinuing treatment.
- Other less common potential side effects include:
- **Nerve injury: Kybella injections** could cause nerve injury in the area of the jaw resulting in uneven smile with facial muscle weakness. In the clinical trials, these are resolved without treatment in an average of 44 days. The incidence was approximately 4%.
- **Swelling: Kybella injections** can temporarily cause trouble with swallowing rarely lasting more than three days. The incidence of this side effect is around 2%.
- **Skin ulceration: Kybella injections** could cause superficial skin erosions.
- **Hair loss: Kybella injections** could cause small patches of hair loss in the treatment area especially in males.
- **Unsatisfactory results:** There is the possibility of an unsatisfactory result from injections of Kybella. The procedure may result in an unacceptable visible deformities or asymmetry in the treatment area.

	PLEASE INITIAL
I have read and understand the information on this consent form.	
I have had the opportunity to ask questions.	
My questions have been answered to my satisfaction.	
I understand the nature of the procedure, its risks, and alternatives to treatment and why this treatment has been recommended.	
I understand it is impossible to predict how I will respond to treatment.	
I am aware that the practice of medicine is not an exact science and I acknowledge that no guarantees have been made regarding the procedure.	

I certify that I am not pregnant, trying to become pregnant, or breastfeeding. I accept the responsibility for making these determinations.	
Consent for Photography: For the purpose of documenting my progress and response to treatment, I give permission to take photographs that will be kept in my medical record.	
I give permission for the use of my photographs for medical teaching or patient information.	

Cost and payment policy:

Since Kybella treatment is considered cosmetic, you will be responsible for the cost of treatment. Full payment is due at the time of service. Unfortunately, credit cannot be extended. Please discuss the estimated cost of treatments prior to undergoing the procedure. Your treatment may be more or less than the estimate depending on the amount of product required. If you have any questions, please make sure they are answered to your satisfaction.

Estimated cost of treatment:

I certify that I have read and understand the contents of this consent before signing my name below. I freely consent to Kybella treatment. This consent form will be in effect for further Kybella treatments unless rescinded in writing.

Signature of patient or legal guardian

Witness

Date