

**New England Dermatology & Laser Center  
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### **TINEA VERSICOLOR**

Tinea versicolor is a fungal infection of the skin. Many people appear resistant to the fungus and never become infected.

The condition can be cured, but re-infection is common. Tinea versicolor is noticed more often in summer. When the infection occurs on tanned skin, the tan will be lost in the infected areas. After the disease is cured, the ability to tan is usually regained quickly. In some cases, it may take months for the affected areas to tan again.

### **TREATMENT**

1. Shake medicine well and apply generously (with a small amount of water to lather) from your upper neck to the knees, including the entire trunk and both arms to the wrists.
2. Do not apply medication to the genital region (penis, scrotum, vulva) or to the nipples.
3. Leave the medicine on your skin for 10 minutes.
4. Rinse body thoroughly.
5. Shampoo, rinse, and re-shampoo with Selsun or Exsel, leaving it on the scalp for 5 minutes before rinsing the second time.
6. Repeat this procedure once a day for seven days, then once a week for one month, and finally, once a month for six months.

If you have any questions, please ask your doctor or call the office at (413) 733-9600.