

**New England Dermatology & Laser Center
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BOTOX POST-OPERATIVE INSTRUCTIONS

- Do not touch, massage, or in anyway manipulate the injection sites.
- You may apply cool water compress or ice to the treatment sites if they are uncomfortable or red for about 10 minutes every two hours.
- If you develop a headache, Tylenol is permissible.
- Do not lie flat for at least four hours.
- After four hours, you may resume your normal activities including washing.
- Do not apply make-up or moisturizers for 24 hours.
- If bruising occurs, it will go away in several days.
- If you develop a droopy eyebrow or eyelid do not be alarmed. This is an uncommon side effect and is not serious. You should call our office as there are eyedrops which can be prescribed which will alleviate this problem. In any circumstance, this problem resolves in several weeks to several months.
- Lastly, the results of Botox injection can be noticed 48-72 hours after treatment, but are probably not maximal for 2-4 weeks after treatment. Some facial lines are deeply etched in the skin. Even pulling the skin taut does not eliminate them. Although these may improve with Botox treatment, they may not completely disappear. In these circumstances, additional treatment with a filler injection may be required for additional improvement. You will notice a gradual weakening of the muscles which allow you to frown during this period of time. Results of Botox injections last anywhere from 3-5 months and if so desired may be repeated at that time.

If you have any questions or concerns, please feel free to call our office at (413)733-9600.

Revised 10/2010